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Last updated on November 18, 2020 If you're like me and really in self-development, you've probably read many of the thousands of self-help books out there on the market. But also like me, you probably find all the information a little overwhelming. That's why I wanted to do the selfless task of taking the most important, life-changing lessons I learned from these books and condensing them into 50 important points. Here are 50 habits of successful people you should learn:1. Believe it or not Our thoughts tend to focus on what is happening around us and refuse to see what might happen. Only when you trust what is possible and dare to dream big things can great things happen to you.2. Think of problems as a wonderful giftHow others only see and give up problems, successful people use the problem as a lesson to find improvement in themselves or the task at hand.3. Keep looking for solutions Even if they're in deep trouble, successful people will still turn their attention to finding solutions.4. Remember It's All About the JourneySuccessful people are conscious and methodical in creating their own success. They are not doing the bare minimum, hoping that success will find them.5. Feel the fear and do it anywayThere is so much fear on the road to success, but instead of letting that fear control and limit them, successful people do a good job of just forging ahead, regardless.6. Always productive questionsIt's all about asking the right questions. Successful people make sure they're asking questions that will raise information for a more productive, creative, and positive mindset that's moving forward.7. Understand the best waste of energy Is ComplainingSuccessful people know that choosing to see the negative side of things will only lead to a useless and unproductive state.8. Don't Play the Blame GameThe responsibility for actions and results is a form of empowerment on which you build your success. While the act of blaming others or outside circumstances takes this empowerment away from you. 9. Maximize your strengthsNot every successful person is just more talented than the rest, but they use what they know they are good at to achieve more successful results.10. Be in It to Win ItSuccessful people are busy, productive and proactive. Instead of thinking too much and planning a great idea, they just take a step toward it, no matter how small.11. Know That Success Attracts SuccessPeople who are successful surround themselves and search for like-minded people. They understand the importance of being part of a team and forge win-win relationships.12. Actually choosing to be successfulDreaming great is a huge part of being successful, even if your dream seems impossible. Ambition is a mindset that daily conscious choice should be.13. Visualize, visualize, visualize! You have to see your success in your mind' eye, even before it comes. Successful people clarify and get that certainty about what they want their reality to look like rather than mere spectators of life.14. Be a One-Off OriginalSuccessful people looking for what works and then make a unique spin on it. Imitating only gives the ideas of others without originality.15. The perfect time to act now is waiting for the right time to act is basically procrastination wrapped in an excuse. Successful people know there's never a perfect time, so they might as well do it now.16. Keep Learning, Keep GrowingContinu learning is the key to a successful life. Whether it's academic, a student of life or actionable learning, it's all about expanding your knowledge and personal development.17. Always look on the bright side of LifeSuccessful people have the talent for finding positive aspects in all people and circumstances, no matter what.18. Are you having a bad day? Do it anyway! We all have bad moods, but it shouldn't be an excuse to stop everything. Giving in a bad mood just stops-starts your life, slowing success way down.19. Sometimes Risky Business requiresCalculated risks are a must for success. It's about weighing the forwards and cons while moving forward with that element of confidence. 20. Accept Challenge All timeDealing with problems head-on is a must to be successful. Successful people also face challenges to improve themselves.21. Make Your Own LuckIn the mindset of a successful person, there is no such thing as 'happiness' or 'fate'. They take control to actively and consciously create their own best lives.22. Ignite Your InitiativeWhile many people are reactive, successful people are proactive – taking action before they have to.23. Be the Master of Your EmotionsBeing effective in managing emotions is key on the road to success. That's not to say that successful people don't feel like we all do, but they're just not slaves to their emotions.24. Champion in CommunicationSciously working on effective communication skills brings everyone closer to success.25. Plan Your Life Strategic People's lives are not a clumsy series of unplanned events and results, they work methodically to realize their plans.26. Become exceptional in What You DoTo exceptional, you usually have to do things that most will not do. To be successful, hard decisions need to be made, and acting on them is crucial.27. Choose to live outside your comfort zoneThough many people are pleasure junkies and avoid pain and discomfort at all costs, successful people understand the value and benefits of working through the difficult things that most would avoid.28. Live by core valuesSuccessful people first identify their core values and what is important to them, and then do their best to live a life that reflects these values.29. Money Isn't EverythingMoney and success are not interchangeable and the most successful people understand this.

Putting money on a pedestal and equate to success is a dangerous mindset to have. Success comes in many forms.30. Don't get carried awaySuccessful people understand the importance of and self-control and as a result they are happy to take the road less traveled. 31. Self-Worth is not bound to successesSuccessful people are safe. They don't derive their self-worth from what they own, who they know, where they live, or what they look like.32 Kindness Breeds Kindness (And Success) Generosity and Kindness is a common trait among long-term successful people. It is important to have fun in helping others achieve.33. More humility, less arroganceSuccessful people are humble and happy to admit and apologize for mistakes. This is because they have faith in their ability. They like to learn from others and make others look good instead of seeking their own personal glory.34. Change opens new doorsPeople who are successful are adaptable and embrace change, while the majority are creatures of comfort and habit. They are comfortable with, and embrace, the new and the unknown.35. Success requires a healthy bodyIt's not just how you think, it's about how you show up for success. Successful people understand the importance of being physically good, not for vain reasons, but because being in tiptop condition creates a better personal life for success.36. Laziness Just doesn't existSuccessful people are never considered lazy. Yes, they can relax when needed, but hard work is their game.37. Resilience by the Bucket LoadWhen the difficulty hits, most throw in the towel, but successful people just warm up.38. Feedback is just another opportunity to improveHow people respond to feedback determines their potential for success. Being open to constructive criticism and acting to improve is most common among those who are successful.39 Your vibe attracts your tribe When people hang out with toxic and negative people, they have to look at themselves. Successful people hang out with others who are positive and supportive.40. Can't you check it? Forget ItSuccessful people don't invest time or emotional energy in things they can't control.41. Swim Against the TideSuccessful people are not people-pleasers and they don't need constant approval from others to move forward. 42. Alone Time Is Valuable TimeMore self-esteem means you feel more comfortable with your own business. Successful people are happier and see the value in spending time alone.43. Self-Standard Is Higher Than MostEveryone has the choice to set high standards for itself. Successful people do this, which in turn leads to more engagement, more momentum, a better work ethic and, of course, better results.44. Failure is not rationalizedHow much use age, health, lack of time, 'bad luck', or lack of opportunity to explain their failure away, is the key to finding a success to succeed despite meeting these challenges.45. Down Time is an important part of a RoutineHaving an off switch and taking the time to do things that make them happy is a common trait of a successful person. View here The importance of planning Career Isn't Who You Are, It's What You DoSuccessful people know their career isn't their identity. They are multidimensional and do not define themselves by their work.47. Be interested in only the path of resistanceAlthough most people look for the easiest way or the shortcut, successful people are more interested in the most effective way. They are looking for the way things are going to be that will produce the best results in the long term.48. Follow ThroughMany spend their lives starting things they never finish, but successful people get the job done. Even when the excitement and novelty wears off, they still follow through and finish.49. Invest in All Your DimensionsWe are not only physical and psychological beings, but also emotional and spiritual beings. Successful people consciously work to be healthy and productive at all levels.50. Put your money where your mouth is to obtain success, it is important to practice what you preach. Successful people don't talk about the theory, they live the reality. So there you have it, a summary of what I learned from self-help books. But of course you should start taking actions so that you are closer to success as well. Bonus: 5 Bad Habits To QuitMore About SuccessFeatured photo credit: Juan Jose via unsplash.com unsplash.com

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